

BREATHE BETTER ANYTIME, ANYWHERE

Please read this leaflet carefully before using Breathe Right® Nasal Strips.
If you have any questions, ask your doctor or pharmacist.

**Breathe
Right**
NASAL STRIPS

1 What are Breathe Right Nasal Strips and what are they used for?

Breathe Right Nasal Strips are flexible spring-like bands to gently lift and open nasal passages to allow for better airflow.

Drug-free Breathe Right Nasal Strips are clinically proven to instantly open your nasal passages so you can breathe easier.

Breathe Right Nasal Strips can be used day or night for relief from stuffiness due to allergies or colds.

Use if you suffer from:

• Nasal congestion

Breathe Right Nasal Strips open the nose to help breathe better by providing temporary relief from nasal congestion and stuffiness which can be caused by colds and allergies.

Breathe Right Nasal Strips may provide temporary relief from symptoms of congestion or breathing difficulty due to nasal septal deviation. They should not be considered as an alternative to definitive surgical correction.

• Snoring

By allowing easier breathing through the nose instead of the mouth, Breathe Right Nasal Strips may help reduce or even eliminate snoring. For best results to relieve snoring, it is recommended to use nightly.

Breathe Right Nasal Strips can be used with any medicines.

2 How to use Breathe Right Nasal Strips

Disposable – use each strip only once. For single use only.

Can be used day or night.

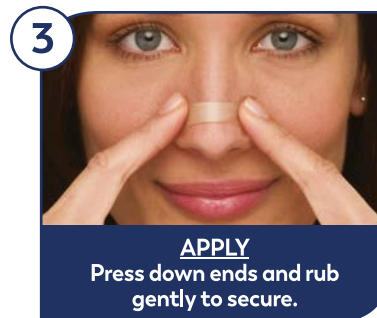
Correct placement makes sure you get maximum performance.

Be careful to place it neither too high nor too low.

The size is important, use the right size for best results.

Small/medium nasal strips fit 75% of noses, large nasal strips are for adults with a larger nose.

Special spring-like band gently lifts open nasal passages.
Use clear variant for dry/sensitive skin.



For **Mentholated Nasal Strips**: Breathe Right Mentholated Nasal Strips are coated with capsules that contain menthol, eucalyptus and camphor. Scratch the surface to release the soothing menthol scent – scratch again to reactivate.

For **Lavender Nasal Strips**: Breathe Right Lavender Nasal Strips are coated with capsules that contain a lavender fragrance consisting of a blend of oils including lavandin oil. Scratch the surface to release the calming lavender scent – scratch again to reactivate.



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3 For your safety

Warnings and precautions

- For external use only.
- Do not use over sores, sunburned or irritated skin.
- If rash or skin irritation occurs, discontinue use.
- Do not use more than 12 hours per day.
- For performance reasons the strips are for single use only. After removal, sticker loses stickiness and the strip will not remain in place.
- Keep the product out of the sight and reach of children.
- Not for children under 5 years of age.
- If in doubt about the use of this product, ask a healthcare professional.

DO NOT USE

If you are allergic to Breathe Right Nasal Strips.

Sleep Apnoea: Breathe Right Nasal Strips are not intended to treat Sleep Apnoea. Persons who have symptoms of Sleep Apnoea should consult their doctor.

Some people may experience adverse reactions when using Breathe Right Nasal Strips. These may be application site reactions (e.g. erythema, irritation, pain, exfoliation, excoriation, bleeding, scab and discolouration) and hypersensitivity reaction including rash, pruritus and facial edema.

Any serious incident that has occurred in relation to this product should be reported to the manufacturer and the Health Products Regulatory Authority (HPRA) for Ireland or the Medicines and Healthcare Product Regulatory Agency (MHRA) for the United Kingdom.

It is important to report product incidents as this can help identify faults with this medical device and may prevent similar incidents from happening again.

4 How to store Breathe Right Nasal Strips



Do not store above 30°C.

Store in the original package.

Please dispose of the product according to your local requirement and always consider the environment.

Do not use the product after the use-by date shown on the packaging.

5 Further information

The nasal strips are packed individually in wrappers and cold sealed with adhesive. The cold sealed wrappers are packed in cartons.

Menthol Nasal Strips are coated with capsules that contain menthol, eucalyptus and camphor fragrance.

Breathe Right Lavender Nasal Strips are coated with capsules that contain a lavender fragrance.



Caution: Before using the product, read carefully the instructions for use enclosed in the package.



Do not use if package is damaged.



Single use: Nasal strips are for single use.



Lot number: see carton.



Use by YYYY-MM



Manufacturer: Foundation Consumer Brands, LLC,
Pittsburgh, PA 15212, USA.



MDSS GmbH, Schiffgraben 41, Hannover 30175, Germany.



Brandshapers Ltd., Ardcavan, Co. Wexford, Y35 Y19A, Ireland.

UK Responsible Person:

QP-Services UK Ltd, 46 High St., Yatton, BS49 4HJ, UK.

UK Importer:

Ceuta Healthcare Ltd., 41 Richmond Hill, Bournemouth, BH2 6HS, UK.



Medical Device
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www.breatheright.com

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